EXTENSION ACTIVITIES @ GCWK

CONSUMER FORUM



The consumer forum conducts every year awareness meeting on consumer protection act for the students.

In the academic year 2014-15 **Dr.A.V.Kavitha**, Assistant Professor of Zoology is a Co-Ordinator of consumer forum and **Dr.P.Senthil Kumari**, Assistant Professor of Tamil is a staff-Incharge of this activity.

The consumer forum activities were followed

- The "Consumer forum Awareness" meeting was convened on 06.02.2015 at Prayer Hall of our college. Advocate R. Vishnupriya., B.A., B.L., acted as Chief Guest of this meeting and lectured about "The Rules and Laws of Consumer". In this meeting 800 I year UG students and village formers were participated and benefited.
- 2. The inter department competition (Oratorical, Essay, Drawing and Poem writing) were conducted on 27.02.2015 among our all department students.
- 3. The second consumer forum meeting was convened on 17.03.2015 on the aspect of "Health and Nutrition" **Dr. Susithra, M.Sc., Ph.D.,** acted as Chief Guest and lectured about health and nutrition. In this meeting 600 UG students were participated and benefitted.

CO-OPERATIVE STORE



Two staff members have been given the additional responsibility of maintaining the cooperative stores. Membership amount of Rs. 1 /- is collected from all I UG and I PG students. The money is utilized for purchasing the basic requirements like stationeries, Sanitary napkins and books for the welfare of the students.



ENVIRONMENTAL STUDIES

The College runs a special programme on **Environmental Studies** under Part V activity. Under this programme, 100 students who are enrolled every year participate in various activities like Essay / Oratorical / Drawing Competitions related to creation of environmental awareness. They also involve in Solid waste management through Vermiculture and take responsibility for maintaining the campus green and clean. From this academic year, Green Audit is being conducted by the Environmental Studies Co-coordinator.

NATIONAL SERVICE SCHEME (NSS)





The College has three NSS Units functioning under three effective programme officers. Besides regular activities, NSS conducts special camp every year. The regular activities consists of cleaning the college campus, the temple premises of the adopted villages, planting saplings both in the college premises and adopted villages, conducting competitions, awareness programmes on occasions like Ganthi Jayanthi, International AIDS day, Breast Milk Week, Osteoporosis Day, Women's Day, Cancer Awareness Day, World Literacy Day and NSS Day etc.

FINE ARTS



The Fine Arts Association of the College is very active and guides students to participate in dance, drama, and singing competitions and also in elocutions, essay writing, poem writing etc.

□ The students are allowed to participate in the cultural events conducted in other colleges/institutions.

LEO



The members of the Leo Club of the college join together with the parental Lions and Lioness clubs of Kumbakonam and get involved in social activities periodically. They serve the people in different ways.

The members of Leo club visit hospitals, home for the aged, orphanages and the school for mentally retarded children. The students take part in rallies creating awareness among the public regarding eye donation, blood donation, road safety, the importance of casting vote and so on. They participate in medical camps and help the patients.

The Leo club members took part in eye camps and rendered their service. In our college blood group was identified for all the first year students of both UG degree and PG degree classes. They attended the meeting connected with Leadership **Development**. The students involved in cleaning the campus of our college.

RED RIBBON CLUB



RRC consists of hundred students, five from each class to create an awareness of AIDS. It conducts awareness meetings and conduct slogan writing competition. The students are taken to visit the Healthy Life Centre and Hope Centre of the Government Hospital. They interact with the AIDS patients to realize the need of awareness among the public.

RED RIBBON CLUB- ACTIVITIES

In the Year 2013-14, Red Ribbon Club activated under the Coordinator **Mrs.V.KALYANI, M.Sc., M.Phil., B.A (Hindi)** Assistant Professor of Geography, Govt. College for Women,(A) Kumbakonam.

Programme Activity:

• 04.03.2014 "Celebrating life" RRC Member Orientation/ Training Programme Conducted by

Mr. Mathavan M.Sc., District Programme Officer, District AIDS Prevention and Control Unit, Panagal building, Collect orate Office, Thanjavur, Presented a Very Valuable lecture on HIV/AIDS Prevention and Training, under our honourable Principal **Dr.M.Revathi M.Sc.**, **M.Phil.**, **Ph.D.**

- Interactive Training Session Mandatory Resource Person Tmt.Arulmozhi Field Surveyor, Thanjavur gave her own experience about HIV to Students.
- > There are Some Competition conducted our RRC Students like Oratorical and Slogan.
- In Oratorical Prize Winners P.Tamilnayaki I B.Sc., Computer Science, S.Vidhya I B.A Tamil and J.Soundarya I B.Sc., Geography are got I,II,III Prizes.
- ▶ In Slogan K.Swetha I B.A Tamil., S.Revathi I.B.Sc Zoology, M.Praseela I B.Sc Geogaphy.
- In 28.03.2014 exposure visit to HIV Community Centre in Government Hospital, Kumbakonam with 25 students and 2 staff members.

ROTRACT



Under this the students overall personality is developed by conducting awareness programmes. Rotary Youth Leadership Award is a salient feature of Rotract and every year around 1000 girls are given free leadership training.

SPORTS



Though permanent post for physical director has not yet been filled by the Government, one of the teaching faculty has taken up the responsibility, There is one permanent Physical director appointed by Government and a temporary faculty has been appointed in the PTA to ensure constant encouragement for sports students.

The students have been motivated to take part in Zonal, District, State and National Level sports Competitions and they have brought many a laurels to the College.

- Sports and Games play a crucial role in maintaining the physical fitness of students. The College provides plentiful facilities for the students to participate in sports activities.
- The facilities are provided for the outdoor games such as 200 meters Track, Hockey, Football, Netball, Ball Badminton, Basket Ball, Volley Ball, Kabadi, Kho-Kho. The facilities are also provided for the indoor games such as, Carom, Chess, Table Tennis, Shuttle and Weight-lifting. The sportsmen make use of the Multi-Gymnasium available in the campus, to keep them fit, healthy and energetic. A special coaching is provided to sports students by expert coaches.
- Our students have participated in inter-collegiate competitions conducted at Bharathidasan University and have brought laurels to the College by winning prizes and medals
- > Retests are conducted for students participating in intercollegiate competitions in sports.
- Attendance is given on those days along with Special dietary requirements, sports uniform and materials
- Breakfast/snacks are provided to students who come for coaching classes both in the morning and evening.
- > Sports uniform, shoes and other accessories are provided at free of cost.
- > For the needy students sponsorships are arranged to take care of their studies.

YOUTH RED CROSS (YRC)



Youth Red Cross functions with a motive to serve and educate the society towards social causes. Youth Red Cross unit is committed to maintain the college campus neat and clean.

Youth Red Cross consists of 4 units which function under four co-ordinators. The students indulge themselves in various activities like temple cleaning, participating in rallies and awareness programme like eye donation, blood donation etc.,