

Learning Strategies

A learning strategy is a technique that helps learners learn and remember more effectively. The selection of learning strategies depends on the task and the student's learning preferences. Efficient strategy use requires constant self-monitoring to be sure the chosen strategy is appropriate for the task. Teachers should provide learning strategy instruction and practice as part of regular classroom instruction. There are five stages in the process of teaching learners to use a new strategy: preparation, presentation, practice, evaluation, and expansion.

What is a learning strategy?

* A learning strategy is an action or technique that learners use to improve their ability to learn and remember new information.

Why should I teach my students to use learning strategies?

* Research shows that students who use learning strategies have better achievement and language proficiency.

What factors affect the selection and use of learning strategies?

* Task — Some strategies are most appropriate for specific tasks

Demographic features:

* Gender, culture, age

Individual learning difference:

* Language level, motivation, reason for studying, learning preferences.

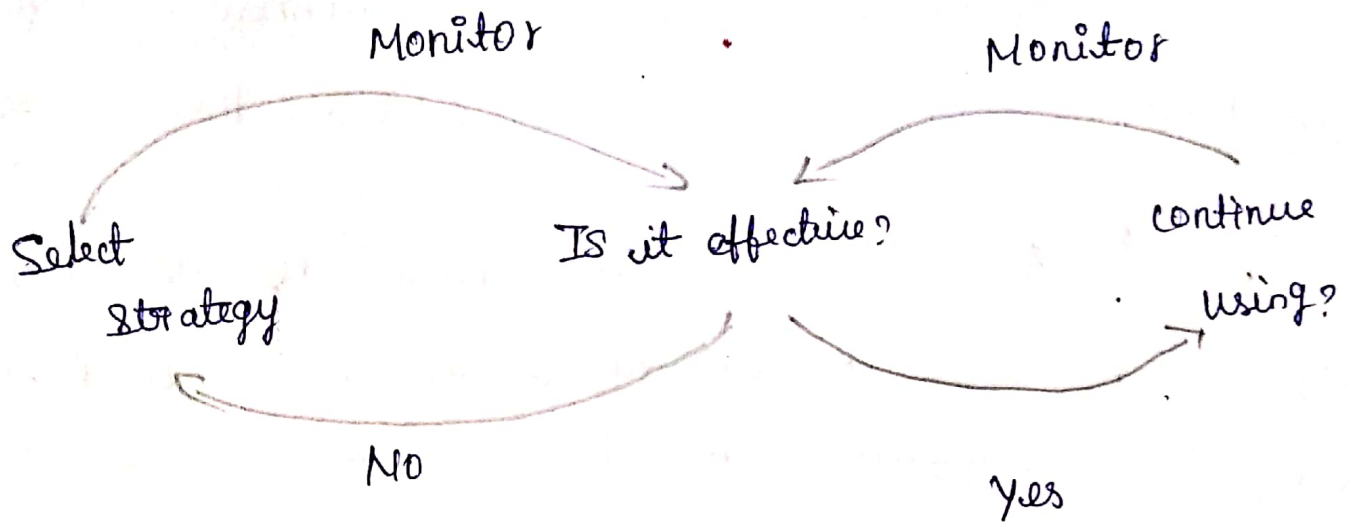
How should learning strategies be used?

* There are several steps in the process of using learning strategies effectively

1. Learners should first select an appropriate strategy for the task that they want to complete.

2. Then, they should monitor their work to be sure that the strategy is appropriate for the task

3. If the strategy is appropriate for the task they may continue using, If it is not appropriate for the task, then they should select a different strategy.



A. It is a recursive process : at any stage in the process learners may need to return to an earlier stage

B. Learners may also use strategies mala daptively , that is they may use strategies that don't help them complete the task they are working on - or that make it more difficult to complete the task.

How should I teach my students to use a learning strategy ?

A. preparation : teacher asks learners to think about strategies that they already use

Teacher can give a questionnaire or checklist to help learners identify and evaluate their use of strategies.

B. presentation : teacher names the strategy

Shows learners all example of how it is used, explains why it is important and in which situation it can be used

C. practice : learners use the strategy to complete classroom tasks.

D. Evaluation : learners evaluate their use of the strategy

E. Expansion : Teacher asks learners to use the strategy for other tasks or in a different context

F. Strategy instruction is recursive: at any stage in the process the teacher and students may need to an earlier stage and then continue the process

G. Learning strategies should be a regular part of class activities

1. Teachers should include learning strategy instruction as part of the curriculum